





A place for every stage of life

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All Souls Kids (ASK)

The mission of All Souls Kids (ASK) is to foster the lifelong exploration of religious thought and values through programs that promote spiritual development by means of free inquiry, mutual respect, and responsible behavior.

We welcome everyone regardless of race, culture, economic status, gender identity, or sexual orientation. We call our children and youth by the name they prefer and use the pronouns they are most comfortable with. Our goal is to know and appreciate each individual person in our program.

ASK provides families with the space, time, and community to explore questions of faith. All Souls recognizes that parents and guardians are their children's primary religious educators. We encourage families to live in the questions and practice finding their own answers.

Within a three-year, repeating cycle of spiritual themes, this process happens over and over again from the earliest years through high school. We teach our toddlers they have gentle, loving hands and remind our kindergartners this is a church of the open mind, the loving heart, and the helping hands.

All Souls families live out our church covenant: "To dwell together in peace, to seek the truth in love, and to help one another," by following our three simple peace practices:

- · Be kind in word or deed
- Respect yourself, all others, and the environment
- Everyone gets to play

Because we are a church that aspires to Love Beyond Belief, ASK does not privilege any particular religious beliefs or truth claims. Instead, we present children with a wide range of stories and ideas from different cultures and traditions including Unitarian Universalist teachings and the world's religions.

We engage parents with their children's faith formation through cooperative work in the program, offering classes and discussion groups geared to supporting their role as religious educators, and providing opportunities for adults to continue to learn and grow as well.

Join the ASK Team and Come Play!

Join our UUPs Facebook group to get the latest on family-friendly activities. Join the ASK Team and help make Sundays happen! Email sboston@allsoulschurch.org to find out how!



Annual ASK Registration

As a safety measure, we require all children and youth that participate in our programs have a completed registration form on file and that children in 5th grade and younger be checked in while in All Souls programs.

Please complete the registration for each child annually. **To register visit allsouls.me/cypreg**.

There are no fees associated with our programs, but we do expect parents and caregivers:

- · To make their annual pledge and
- To volunteer at least one Sunday a month in some capacity
 - Prior to volunteering with children or youth, adults must undergo a background check and speak with Shannon Boston at <u>sboston@allsoulschurch.org</u>.

Check-In Information

- Pre-K & younger check-in in Room 10
- **Kindergarten Grade 5** check-in in the Foyer
- Grades 6 12 check-in in their classroom

BrUUnch for Boston

Make sure you visit the BrUUnch for Boston table in Emerson Hall to support our youth! Before and after services, you'll find coffee and treats. Your donations help with their annual Coming of Age Boston Pilgrimage.



ASK Sunday Programming

All Souls Kids Sunday School!

10:00 AM - 11:00 AM & 11:30 AM - 12:30 PM

All Souls Kids seeks to engage the whole child through our peace practices, themes, and covenant.

- <u>Pre-K and younger</u> start in their classrooms
- <u>Kindergarten 5th Grade</u> meet in the Presidents' Room
- Kindergarten and older start each morning together in the Sanctuary at 10:00 AM or 11:30 AM for the Time for All Ages.

Contact:

Shannon Boston sboston@allsoulschurch.org



All Souls Youth (Grades 6- 12)

10:00 AM - 11:00 AM Choose Between:

- Building a Better World:
 Participants co-create a world setting for a role-playing game while exploring questions of ethics, morality, and social justice
- Attend Services: Youth are always invited and welcome to attend services in the Sanctuary at 10:00 AM and 11:30 AM
- <u>Be of Service</u>: Youth may also choose to be of service & volunteer to help All Souls Programs

Contact:

Corey Smith csmith@allsoulschurch.org



Coming of Age (9th Grade)

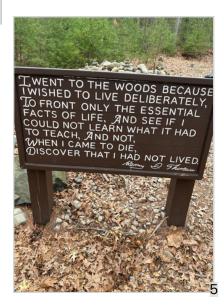
10:00 AM - 11:30 AM

This Epic year-long adventure requires commitment, but it is well worth the effort, with an annual Boston Pilgrimage in March

The Coming of Age class culminates with a special service in April where our Coming of Age class participants share their personal statements of belief.

Contact:

Corey Smith csmith@allsoulschurch.org



ASK Sunday Programming

Youth Check-In (Grades 6-12)

11:30 AM - 12:30 PM

Youth in grades 6-12 will meet in the Sponge Room and check-in with each other to build community, deepen bonds and find and follow their own paths.

Youth Group (Grades 10-12)

3:00 PM - 4:30 PM

Youth develop their own curriculum around four central themes:

- Social Justice
- Worship
- Creativity
- Fellowship

Highlights include lock-ins and other activities!

Youth Sunday Services

April, Date TBA

The Youth program at All Souls culminates each April in the life-changing Youth Sunday service—planned and led entirely by our youth.

Working alongside youth leaders and ministers, they create every element of the service.

Finally, our graduating seniors deliver their heartfelt sermons and messages to the congregation.







Cherub, Children, and Youth Choirs (CCYC)

Music is one of the most powerful ways we experience Love Beyond Belief.

Singing in an All Souls choir builds community with peers, provides opportunities to travel, and creates meaningful relationships that can last a lifetime. Our musicians and choir members strive for excellence. Wherever you feel your talent or experience level lies, there is a place for you!

All Souls is one of a few churches in Oklahoma with a fully-graded choir program - with choirs for young children through adults! Artists, instrumentalists and new singers are always welcome!

Cherub, Children, Youth Choir:

Cherub Choir (Grades 1-3)

- Sundays | 10:00 AM
 - Cherub choir members attend service for the Time for All Ages before going to choir practice

Children's Choir (Grades 4-7)

- Sundays | 11:30 AM 12:30 PM
 - Children's choir members go directly to choir practice

Youth Choir (Grades 8-12)

• Sundays | 1:30 PM - 3:00 PM

Save the Date:

Rehearsals start September 7, 2025*

Contact:

David B. Smith dsmith@allsoulschurch.org

*All rehearsals are in the Choir Room



Sunday Programs for Adults

Learning doesn't stop at graduation. Whether you're exploring a new spiritual path, diving into deep discussion, or simply finding moments of stillness in a busy week, our adult programs offer space to grow in knowledge, wisdom, and connection.

Sunday Salon

9:00 AM In-Person & Online

A weekly forum on current events. All opinions are respected, few questions are answered, and all answers are questioned.

All are welcome

Join in-person on Sundays, or online from wherever you are!

- In-Person: Room 112
- Online: allsouls.me/salon

Sunday Circle

10:00 AM In-Person & Online

Members moderate this conversational ministry from a spiritual point of view, governed by a commitment to our covenant.

All are welcome.

Join in-person on Sundays or online from wherever you are!

- In-Person: Room 112
- Online: allsouls.me/circle

Let's Chat

After Each Service Emerson Hall

Join us in Emerson Hall after each service for a lively conversation about the minister's message of the day!







Our Whole Lives (OWL) Sexuality Education

Our Whole Lives (OWL) is a lifespan sexuality education for age groups from Kindergarten through elder adult. Widely regarded as the Gold Standard for comprehensive sexuality education, OWL helps participants make informed and responsible decisions about their sexual health and behavior.

Grounded in a holistic view of sexuality, OWL provides accurate, age-appropriate factual information while also helping participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.

You can learn more at www.uua.org/owl.



2025-2026 OWL Details

Pre-Registration is Required:

Grades K - 1

- January 18, 2026 March 15, 2026
- 11:30 AM 12:30 PM
- Mandatory Parent Meeting: January 11, 2026

Grades 4 - 5

- September 14, 2025 November 16, 2025
- 10:00 AM 11:00 AM
- Mandatory parent meeting: September 7, 2025

More classes to be scheduled soon!

Cost:

- All Souls Members \$40
- Non-members \$75

Contact:

For more information on this program or on training to become a facilitator, email Shannon Boston at sboston@allsoulschurch.org

Community At All Souls

Sometimes, belonging is as simple as sharing a meal, a laugh, or a cause with people who care. Our community groups bring people together across ages, interests, and life stages to form friendships that feel like family. Whether you're looking for deep conversation, lighthearted fun, or meaningful service, you'll find a place to connect here.



Wednesday Community Connections

Think of Wednesday nights at All Souls as your "third place"—a weekly space for food, friendship, and fun that's open to everyone. You don't have to spend the whole evening (though you're welcome to); it's a come-and-go, stay-for-what-you-need kind of night.

- **Dinner 5:30 PM** On a sliding scale: \$5 helps a little, \$10 covers your meal, and \$20+ helps sustain our programs
- Chapel 6:30 PM Take a midweek pause for reflection, music, and spiritual grounding
- Classes 7:00 PM Free & donation-based offerings on a variety of topics & interests available in person and online!
- Hang Out & Help Not feeling a class? Stay and help us with service projects
- **Childcare 6:00 8:30 PM** Free for infants through 5th grade. Parents and/or caregivers must be onsite.

Wednesday Community Connections start **Wednesday, September 10, 2025**. Visit <u>www.allsoulschurch.org/calendar</u> for classes, times, meals, and service opportunities!

The Bridge

Various events throughout the year

A welcoming space for younger adults to connect with others in a similar stage of life.

With a mix of kid-friendly & adults-only events, we build friendships through social gatherings, volunteer projects, and exploring the Tulsa community—all in a budget-friendly, affirming spirit.

The Bridge makes it easy to find community and feel at home at All Souls.

Contact:

Hunter Jameson hjameson@allsoulschurch.org



Men of All Souls

Tuesdays 7:00 PM

We are forming a multicultural group for those who identify as men and who want to explore and understand the culture in which they have been raised and address its issues.

Save the Date:

The 2025-2026 Men of All Souls retreat is November 8, 2025. More information will be announced soon.

Contact:

Corey Smith csmith@allsoulschurch.org



Women of All Souls

Various events throughout the year

Women of All Souls (WAS) is a vibrant community open to all who identify as women or gender non-conforming.

Through events, workshops, retreats, they foster connection, creativity, learning, and advocacy - with a special emphasis on women's issues.

Save The Date:

The 2025-2026 All Souls Women's Retreat is October 25, 2025.

Contact:

Quanah Scoggins <u>qscoggins@allsoulschurch.org</u>



Young At Heart

1st Thursdays

- Lunch 11:30 AM
- Games 1:00 PM

Opportunities for mostly retired men and women to have lunch, play games, and stay current on events and community.

Lunch available on a sliding scale from \$5-\$15.

All ages welcome!

Contact:

Lynn Bootes Phone: 909-730-7137.

Hang Out & Help

2nd & 4th Thursdays 11:30 AM

Hang Out & Help is a casual way to connect while making a difference at All Souls.

Bring your lunch, pull up a chair, and join us for light service projects that help keep our community thriving.

We meet during Wednesday Community Connections and on the 2nd & 4th Thursdays each month.

Come for the company, stay for the impact!

Day Alliance

3rd Thursdays 11:30 AM

Our longest-standing group, Day Alliance offers closer fellowship through monthly luncheon meetings and programs over a variety of interests.

The group also provides hospitality support for memorial receptions and donates to support church needs.

- Annual Membership: \$10
- Lunch: \$15

Contact:

dayalliance@allsoulschurch.org







UU Parents (UUPs)

Sundays 10:00 AM & 11:30 AM

Join parents and caregivers in the Thoreau Lounge to discuss issues, ask questions, and find support.

Open to parents and caregivers of all aged kiddos and parents to-be!

Find us on Facebook!

All Souls Reads

Select Sundays | 1:30 PM In-person & online

A community-led book discussion group exploring the human condition when encountering & overcoming oppressive circumstances.

All are welcome!

- In-Person: Room 120
- Online: <u>allsouls.me/asr</u>

<u>2nd Sundays in:</u>

- September 2025
- November 2025
- January 2026
- March 2026
- May 2026

Book selections can be found at the book store in Emerson Hall on Sunday mornings!





Conscious Inclusion

1st & 3rd Wednesdays Starting Sept. 2025 | 7PM

Conscious Inclusion is aimed at fostering deeper connections with ourselves, our own cultures, and across racial and cultural lines so that we may move forward as allies with a shared understanding.

- · Pre-registration is required
- Zoom classes possible with interest

Contact:

Shannon Boston sboston@allsoulschurch.org



Wellspring

1st & 3rd Sundays 7:00 PM

UU Wellspring is a transformational, small group experience that involves deep listening, daily spiritual practice, spiritual companionship, and living your faith.

Each group is 10-12 members and will be facilitated either in person or on Zoom (with interest).

Tai Chi with John Liber

Mondays & Thursdays 2:30 PM - 3:30 PM

Led by John Lieber, this gentle movement class focuses on improving balance, flexibility, and strength.

Free and open to all.

No experience needed - if you can walk a block, you can take this class!

Ready To Get Involved?

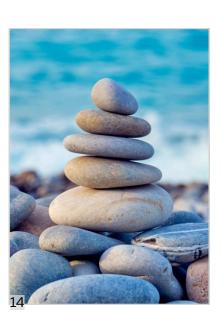
Reach Out Anytime!

As our Volunteer Coordinator, Quanah Scoggins will happily direct your inquiries to the right groups, lay leaders, and staff.

Set up an appointment with her and to discuss your interests and where to start!

Contact:

Quanah Scoggins <u>qscoggins@allsoulschurch.org</u>







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All Souls Unitarian Church 2952 S. Peoria Ave. Tulsa, OK 74114 www.allsoulschurch.org





