

## **Enhanced Format for Oklahoma Advance Directive for Health Care**

This enhanced format has two additions to the standard form, and is legal to use in Oklahoma:

1. It includes a paragraph in Section II “My Appointment of My Health Care Proxy” that specifically authorizes the named persons to have authority to receive your protected health information. The purpose of including this is in case your full HIPAA Release Form is not easily available. You should go ahead and complete your full release form, but this is a fallback authorization, in case needed.
2. A place has been added to provide contact information for the two people you designate as your health care proxies. Although a doctor is not required to contact your proxy, this provides the information so that it is easily available.

(Tear off this sheet ... it is notes only.)

**Oklahoma Advance Directive for Health Care**

If I am incapable of making an informed decision regarding my health care, I direct my health care providers to follow my instructions below.

**I. Living Will**

If my attending physician and another physician determine that I am no longer able to make decisions regarding my health care, I direct my attending physician and other health care providers, pursuant to the Oklahoma Advance Directive Act, to follow my instructions as set forth below:

**(1)** If I have a terminal condition, that is, an incurable and irreversible condition that even with the administration of life-sustaining treatment will, in the opinion of the attending physician and another physician, result in death within six (6) months:

(Initial only one option)

\_\_\_\_\_ I direct that my life not be extended by life-sustaining treatment, except that if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.

\_\_\_\_\_ I direct that my life not be extended by life-sustaining treatment, including artificially administered nutrition and hydration.

\_\_\_\_\_ I direct that I be given life-sustaining treatment and, if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.

(Initial only if applicable)

\_\_\_\_\_ See my more specific instructions in paragraph (4) below.

**(2)** If I am persistently unconscious, that is, I have an irreversible condition, as determined by the attending physician and another physician, in which thought and awareness of self and environment are absent:

(Initial only one option)

\_\_\_\_\_ I direct that my life not be extended by life-sustaining treatment, except that if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.

\_\_\_\_\_ I direct that my life not be extended by life-sustaining treatment, including artificially administered nutrition and hydration.

\_\_\_\_\_ I direct that I be given life-sustaining treatment and, if I am unable to take food and water by mouth, I wish to receive artificially administered nutrition and hydration.

(Initial only if applicable)

\_\_\_\_\_ See my more specific instructions in paragraph (4) below.



## II. My Appointment of My Health Care Proxy

If my attending physician and another physician determine that I am no longer able to make decisions regarding my health care, I direct my attending physician and other health care providers pursuant to the Oklahoma Advance Directive Act to follow the instructions of \_\_\_\_\_, whom I appoint as my health care proxy. If my health care proxy is unable or unwilling to serve, I appoint \_\_\_\_\_ as my alternate health care proxy with the same authority.

My health care proxy is authorized to make whatever health care decisions I could make if I were able, except that decisions regarding life-sustaining treatment and artificially administered nutrition and hydration can be made by my health care proxy or alternate health care proxy only as I have indicated in the foregoing sections.

If I fail to designate a health care proxy in this section, I am deliberately declining to designate a health care proxy.

My health care proxy acts as my agent for the purposes of the Health insurance Portability and Accountability Act of 1996 (HIPAA), CFR Secs. 160-164, and related provisions of law, either state or federal, and is specifically authorized by me to both give and received information to or from health care providers, hospital staff, insurance companies and all others interested or involved in my medical care or treatment so that he/she may faithfully, fully, and competently carry out the terms of his/her role as my health care proxy, being fully informed and in the best manner possible.

### Contact information for my Health Care Proxies

	Health Care Proxy	Alternate Health Care Proxy
Name		
Address		
City, State, Zip		
Phone #1		
Phone #2		
email		

### III. Anatomical Gifts

Pursuant to the provisions of the Uniform Anatomical Gift Act, I direct that at the time of my death my entire body or designated body organs or body parts be donated for purposes of:

(Initial all that apply)

\_\_\_\_\_ transplantation

\_\_\_\_\_ therapy

\_\_\_\_\_ advancement of medical science, research, or education

\_\_\_\_\_ advancement of dental science, research, or education

Death means either irreversible cessation of circulatory and respiratory functions or irreversible cessation of all functions of the entire brain, including the brain stem. If I initial the “yes” line below, I specifically donate:

\_\_\_\_\_ My entire body

or

\_\_\_\_\_ The following body organs or parts:

\_\_\_\_\_ lungs

\_\_\_\_\_ pancreas

\_\_\_\_\_ kidneys

\_\_\_\_\_ skin

\_\_\_\_\_ blood/fluids

\_\_\_\_\_ arteries

\_\_\_\_\_ liver

\_\_\_\_\_ heart

\_\_\_\_\_ brain

\_\_\_\_\_ bones/marrow

\_\_\_\_\_ tissue

\_\_\_\_\_ eyes/cornea/lens

### IV. General Provisions

- a. I understand that I must be eighteen (18) years of age or older to execute this form.
- b. I understand that my witnesses must be eighteen (18) years of age or older and shall not be related to me and shall not inherit from me.
- c. I understand that if I have been diagnosed as pregnant and that diagnosis is known to my attending physician, I will be provided with life-sustaining treatment and artificially administered hydration and nutrition unless I have, in my own words, specifically authorized that during a course of pregnancy, life-sustaining treatment and/or artificially administered hydration and/or nutrition shall be withheld or withdrawn.
- d. In the absence of my ability to give directions regarding the use of life-sustaining procedures, it is my intention that this advance directive shall be honored by my family and physicians as the final expression of my legal right to choose or refuse medical or surgical treatment

including, but not limited to, the administration of life-sustaining procedures, and I accept the consequences of such choice or refusal.

- e. This advance directive shall be in effect until it is revoked.
- f. I understand that I may revoke this advance directive at any time.
- g. I understand and agree that if I have any prior directives, and if I sign this advance directive, my prior directives are revoked.
- h. I understand the full importance of this advance directive and I am emotionally and mentally competent to make this advance directive.
- i. I understand that my physician(s) shall make all decisions based upon his or her best judgment applying with ordinary care and diligence the knowledge and skill that is possessed and used by members of the physician's profession in good standing engaged in the same field of practice at that time, measured by national standards.

Signed this \_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
City of

\_\_\_\_\_  
County, Oklahoma

\_\_\_\_\_  
Date of birth (Optional for identification purposes)

This advance directive was signed in my presence.

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_, OK  
Residence

\_\_\_\_\_, OK  
Residence